

# Plymouth Public Schools

2018-2019

**Between stimulus and response there is a *Space*. In that space is our *power* to choose our *response*. In our *response* lies our growth and our *freedom*.**

*Viktor Frankl*



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# How Long Have You Been Here?



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# Plymouth Public Schools Teacher of the Year

# Kevin Schumann



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# District Goals

- Safety

Increase the safety of students, staff and community members physically, emotionally and electronically by layering additional best practices into our current system.

- Updating and Enhancing Curriculum – What we Teach

Moving all core curriculum to our online platform; continuing moving to the NGSS; updating our SS curriculum, and adding AP Government and Politics and Readers Workshop to grade 7.



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# District Goals

- Developing Instructional Expertise – How we teach it.

Staff shall constantly strive to improve their instructional capacity. DDT will continue; Instructional Rounds will continue, Data warehouse and analytics program will provide us greater insight to our work with instruction and curriculum. Show Video

- Social Emotional Learning

A focus on increasing staff awareness and fluency around SEL constructs and techniques will continue in 2018-2019. The ultimate goal is to graduate students having mastered skills in emotional intelligence.



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[Educlimber Video](#)

# Why do emotions matter?

Our emotions have a direct impact on our:

- Attention, Memory, and Learning
- Decision Making
- Relationship Quality
- Physical and Mental Health
- Everyday Effectiveness



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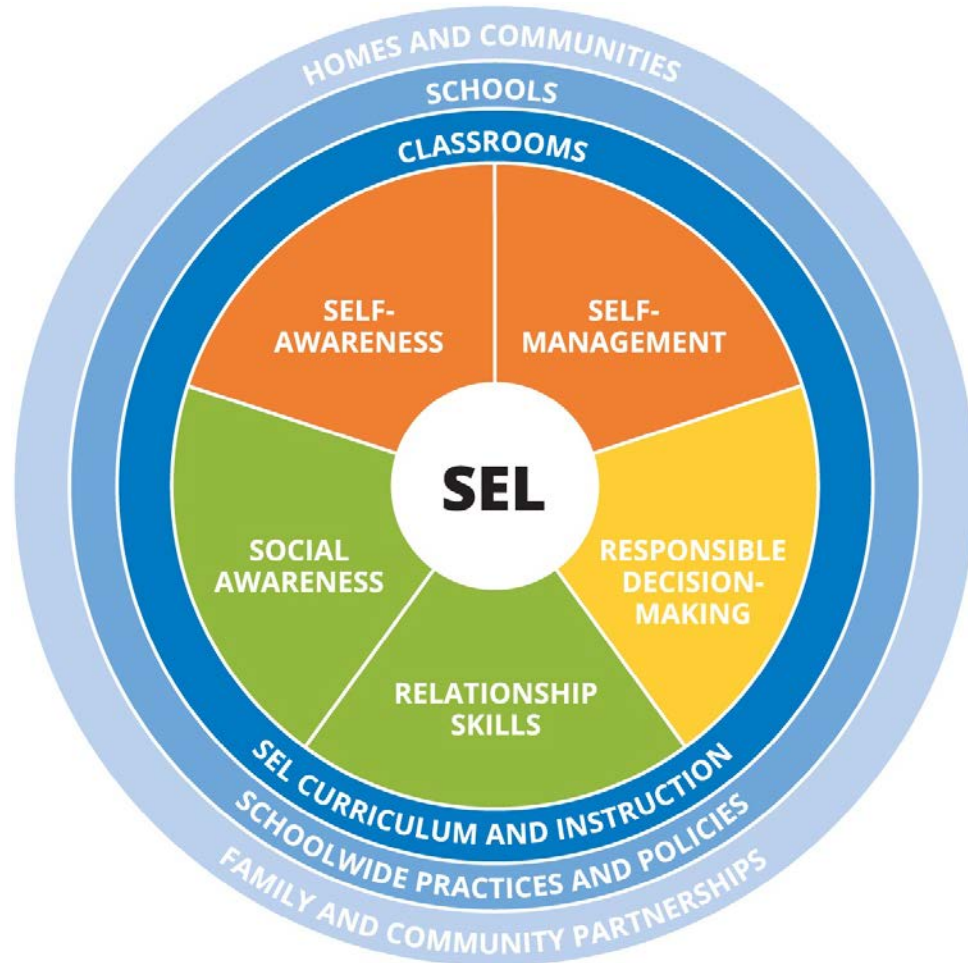
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# The CASEL SEL Framework & Competencies



-  Intrapersonal skills
-  Interpersonal skills
-  Responsible decision-making skills



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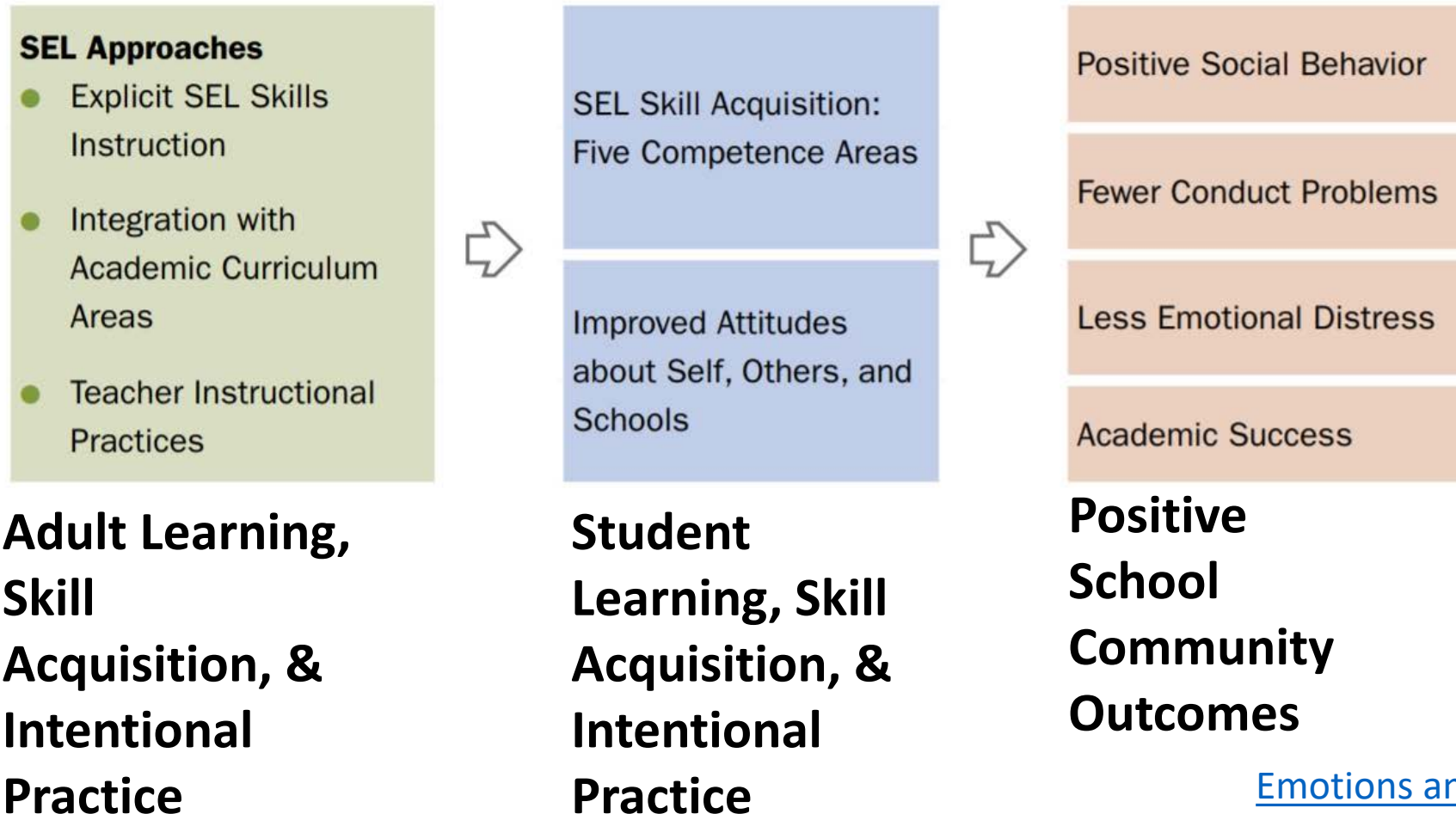
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# SEL: What's the big picture?

Figure 2. Outcomes Associated with the Five Competencies



# Core Beliefs About Social Emotional Learning (2017-2018)

## Core Beliefs

- SEL is foundational to learning
- We need to be intentional about our practices

## Practices

- Build a common understanding of the definition and components of SEL
- **Focus on relationship building, community, and school connectedness**



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# Core Beliefs About Social Emotional Learning

2018-2019

- **Self-Awareness**
- **Relationship Building**



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**Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.**

[Duel At The Mall](#)

# WHAT IS EMOTIONAL INTELLIGENCE?

The knowledge, attitude, and skills associated with:

- R**ecognizing emotions in self and others
- U**nderstanding the causes and consequences of emotions
- L**abeling emotions accurately
- E**xpressing emotions appropriately
- R**egulating emotions effectively

To consider:

- How do you want to *feel* while you are at work?
- What will it take to generate that feeling on a more consistent basis?
- What will we do when this is not happening?



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# Have an outstanding year!



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